

Report of the Lusophone Section of EUREPA 2007-2008

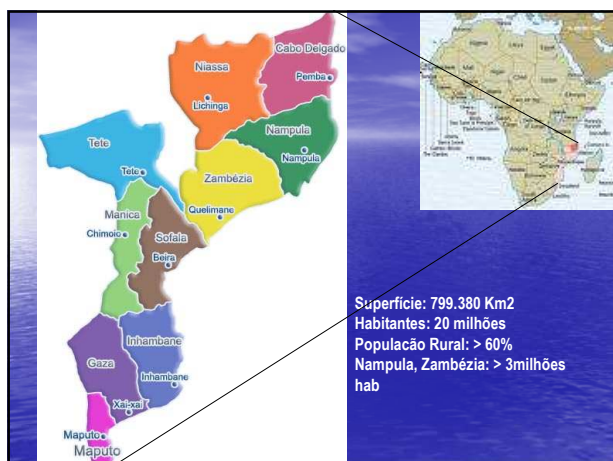
Report of the Lusophone Section of EUREPA - 2007-2008

- II Training the Trainers course – Maputo. Mozambique
- First Basic Course on Diagnosis and Treatment for Mental Health Technicians. Maputo, Mozambique.

II Training the Trainers course – Maputo. Mozambique

- Two students from Cabo Verde
- One from Angola
- One from Brasil
- Three from Portugal
- Seven from Mozambique

II Training the Trainers course – Maputo. Mozambique



Mozambique National Health System

- 1st level:
 - Health "Points" – kit C
 - Health Centres – kit C, B
- 2nd level: Rural and District Hospitals – kit B, A
- 3rd level: General Hospitals
- 4th level: Central / Speciality Hospitals

Man power

	Maputo/ Province	Gaza	l'bane	Sofala	Man	Tete	Z'bez	Namp	C.Del	Nias
Psychiatrists	7 (4**)	0	0	0	0	0	0	1**	0	0
Neurologists	2	0	0	1**	0	0	0	1	0	0
Psychiatry Technicians	9 (5*)	3	4	4	4	3	3	6	5	5

República de Moçambique	Maputo Província	HRural: Xinavane CSaude: Matola, Boane, Moamba, Manhica
	Maputo Cidade Hospital Central	HGeraiis: HPSiquilânco, José Macamo, Mavalane, Chiamanculo
	Gaza	HProv: Xai-Xai, HRurais: Chibuto, Chokwe
	Inhambane	HProv: Inhambane HRurais: Vilanculos CSaude: Massingao
	Sofala Hospital Central	HRurais: Marronheu
	Manica	HProv: Chimio HRurais: Carandica, CSaude: Sussundenga
	Tete	HProv: Tete HRurais: Utoque
	Nassa	HProv: Lichinga HRurais: Cuamba, CSaude: Marupa, Mocimbas, Mandimba
	Zambézia	HProv: Quelimane HRurais: Guroá
	Nampula Hospital Central C. Saude Mental	HRurais: Ribeira, Angochio, Yocais, CSaude: Muscaté
	Capo Delgado	HProv: Pemba HRurais: Montepuez, Mocimboa da Praia,

Tabela n.º 3 – Modelos explicativos da doença mental e sistemas de procura de cuidados em zonas urbanas e rurais de Moçambique (PNSM,OMS,1999)

		Psicosis	Mental Retardation	Epilepsy
Cause unknown	Maputo	50,4%	55,7%	65,7%
	Cuamba	18,9%	50,9%	38,8%
Supranatural (mistic) cause	Maputo	14,9%	7,8%	15,7%
	Cuamba	51,6%	10,5%	34,5%
Biomedicine (Scientific Medicine)	Maputo	76,9%	74,8%	68,8%
	Cuamba	53,5%	33,8%	55,6%
Traditional "Medicine"	Maputo	61,3%	59,1%	82,6%
	Cuamba	70,6%	51,4%	75,9%



Report of the
First Basic Course
on
Diagnosis and Treatment
for
Mental Health Technicians
held in
Maputo, Mozambique. 5 – 9 of May of 2008

Organised by the
Mental Health Department of the
Mozambique Government,
in collaboration with the
Lusophonic Section EUREPA / ILAE
and the
World Health Organisation.

Directed to
32 Mental Health Technicians (MHT)
from the different regions
and also to a few
Psychologists, Psychiatrists and
Neurologists
who worked as local tutors.

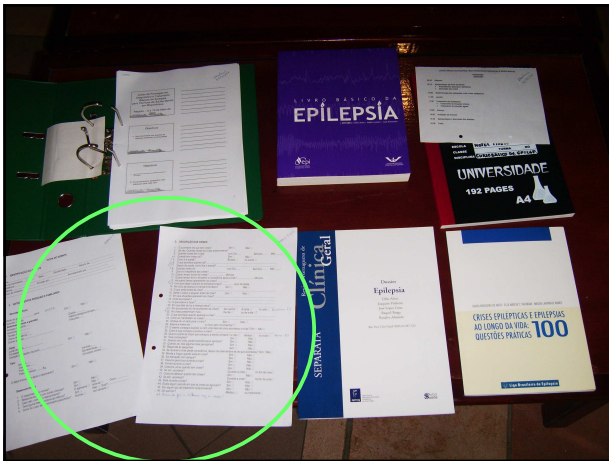
Objectives

- *At the end the students:*
 - to be able to work in a multidisciplinary team,
 - to transmit their knowledge to other technicians,
 - to help in the psychosocial integration of people with epilepsy
 - to improve their diagnosis and treatment capabilities.
- *Main objectives:*
 - Identification of the Epileptic Syndromes present in the community
 - Identification of the different epileptic seizures
 - More appropriate treatment for each situation.
 - Therapeutic indications for acute situations
 - When to start treatment in a patient with the diagnosis of epilepsy.
- *To discuss:*
 - their difficulties and limitations in the daily practice
 - the best way to overcome them.

Methodology

- *Several means of training:*
 - data show presentations with
 - video presentation of different seizures types and situations,
- *Exercise consultations with real patients from the community,*
- *Case studies*
- *Group Work, in two to four groups,*
- *Plenary discussion of the results*





Final Evaluation of the Course and of the Students

The final evaluation included :

- *the progress of knowledge*
 - *comparing the results of an initial 34 multiple choice questions test and a similar retest at the end,*
- *the participation of the students during the course*
 - *capacity to answer questions*
 - *active collaboration in the prosecution of the course*
 - *capacity to communicate with the colleagues and the patients.*



Constitution of the Mozambique Chapter of the ILAE/IBE:

- *At the end of the last day the Constitutive Assembly of the Mozambique Chapter of the ILAE /IBE took place.*
 - *Dr. Lúcia Gouveia was elected as President*
 - *Dr. Palmira Santos as Secretary.*

Most dramatic difficulties found

- *Frequent rupture of already scarce stocks of drugs*
- *Complete lack of diagnostic means – even EEG.*
- *Extreme need to educate the community on the disease and the possibilities of control.*

Recommendations

- *Continuous education of the health workers involved in the treatment of epilepsy*
- *Implementation of the Mozambique Chapter of the ILAE and the IBE as one only association including technicians and lay people.*
- *To repeat the course for the other MHT which had no opportunity to be present in this course.*
- *To implement regional meetings of the MHT and the Tutors*
- *To include the Regional Tutors in the future Health Department visits to the different regions*
- *To implement mechanisms to assure the existence of permanent stocks for the basic antiepileptic drugs namely Phenobarbital and rectal Diazepam.*

***Visit to the
Ministry of Health of Mozambique***

The Faculty members and some of the local tutors had an interview at the end of the MHT Course where these difficulties and recommendations were exposed to the Ministry of Health of Mozambique who manifested an obvious interest in future cooperation.

